



2. Breitunger Run & Bike

Breitungen / 10.04.2011

Detailed evaluation

Esche, Karsten

Club: LSV Lokomotive Arnstadt

Number: 1820

Course: 6.00 km

Thüringer LM im Berglauf

Category:

Männer M45

Total time: 38:58

Speed: 9.24 km/h

Running performance: 6:30 min/km

Rank in course/Total: 24 (of 39)

Rank in course/Men: 22 (of 33)

Best time in course: 24:41

Rank in category: 5(of 5)

Best time in the category: 28:19