



Nordic-Walking-Tag 2011

Bad Berka / 16.04.2011

Detailed evaluation

Palaske, Steffen

Club: Barrmer

Number: 34

Course: 8.69 km

Kneipp-Walk

Total time: 1:25:39

Speed: 5.60 km/h

metres in height up: 127

Course score: 9.91

performance score: 65 Points