



5. Lönskrug Warm-Up MTB-Marathon  
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Sternberg, Jörg

Club: Bike-Sport-Lippe e. V.  
Number: 41

Course: 40.80 km  
Mitteldistanz Hobby

Category:  
Herren Hobby

Total time: 2:04:45

Speed: 19.62 km/h

Rank in course/Total: 73 (of 101)

Rank in course/Men: 73 (of 96)

Best time in course: 1:27:59

Rank in category: 14(of 14)

Best time in the category: 1:30:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	47:27	20.61	13	11:12	68	12:49	16.30	47:27	20.61	14	11:12	47	2:18
Lap 2	20.40	1:04:53	18.86	14	19:11	74	20:20	36.70	1:52:20	19.60	14	30:23	47	7:06
Last lap Finish	4.10	12:25	19.81	14	4:00	78	4:00	40.80	2:04:45	19.62	14	34:23	73	1:26:09