



5. Lönskrug Warm-Up MTB-Marathon
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Fritza, Helmut

Club: RC Endspurt Herford
Number: 20

Course: 40.80 km
Mitteldistanz Hobby

Category:
Senioren I Hobby

Total time: 2:08:00

Speed: 18.75 km/h

Rank in course/Total: 76 (of 101)

Rank in course/Men: 76 (of 96)

Best time in course: 1:27:59

Rank in category: 26(of 36)

Best time in the category: 1:39:22

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Pos Behind Men		Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Men	Men							
Lap 1	16.30	49:18	19.47	24	8:52	74	14:40	16.30	49:18	19.47	8		44	4:09
Lap 2	20.40	1:07:03	17.90	29	17:50	80	22:30	36.70	1:56:21	18.56	8		44	11:07
Last lap Finish	4.10	11:39	20.60	19	2:20	64	3:14	40.80	2:08:00	18.75	26	28:38	77	1:29:24