



5. Lönskrug Warm-Up MTB-Marathon
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Steinheider, Dirk

Club: Deister-MTB-Team
Number: 646

Course: 40.80 km
Mitteldistanz Hobby

Category:
Senioren I Hobby

Total time: 2:13:08

Speed: 18.39 km/h

Rank in course/Total: 84 (of 101)

Rank in course/Men: 83 (of 96)

Best time in course: 1:27:59

Rank in category: 30(of 36)

Best time in the category: 1:39:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	52:50	18.51	33	12:24	88	18:12	16.30	52:50	18.51	12	1:22	25	7:41
Lap 2	20.40	1:06:53	18.30	27	17:40	78	22:20	36.70	1:59:43	18.39	12	1:14	25	14:29
Last lap Finish	4.10	13:25	18.34	30	4:06	84	5:00	40.80	2:13:08	18.39	30	33:46	85	1:34:32