



5. Lönskrug Warm-Up MTB-Marathon
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Köhler, Ira

Club: Emmerthal
Number: 55

Course: 40.80 km
Mitteldistanz Hobby

Category:
Seniorinnen I Hobby

Total time: 2:13:16

Speed: 18.01 km/h

Rank in course/Total: 85 (of 101)

Rank in course/Women: 2 (of 5)

Best time in course: 2:12:28

Rank in category: 1(of 2)

Best time in the category: 2:13:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Lap 1	16.30	51:53	18.50	1	-	1	-	16.30	51:53	18.50	1	-	2	
Lap 2	20.40	1:08:28	17.53	1	-	3	1:31	36.70	2:00:21	17.95	1	-	2	0:44
Last lap Finish	4.10	12:55	18.58	1	-	2	0:04	40.80	2:13:16	18.01	1	-	2	0:48