



5. Lönskrug Warm-Up MTB-Marathon
 Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Michaelis, Robert

Club: Cannondale / RSV Springe
 Number: 249

Course: 61.20 km
 Langdistanz Lizenz

Category:
 Herren Lizenz

Total time: 2:24:22

Speed: 25.44 km/h

Rank in course/Total: 4 (of 12)

Rank in course/Men: 4 (of 12)

Best time in course: 2:12:39

Rank in category: 1(of 3)

Best time in the category: 2:24:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	36:06	27.09	1	-	3	1:31	16.30	36:06	27.09	1	-	4	1:20
Lap 2	20.40	45:54	26.67	1	-	3	1:29	36.70	1:22:00	26.85	1	-	4	2:49
Lap 3	20.40	52:30	23.31	2	1:53	6	7:34	57.10	2:14:30	25.47	1	-	4	10:23
Last lap Finish	4.10	9:52	24.93	1	-	5	1:20	61.20	2:24:22	25.44	1	-	4	11:43