



5. Lönskrug Warm-Up MTB-Marathon
 Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Kriebel, Roland

Club: MBC Hannover
 Number: 658

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Senioren II Hobby

Total time: 2:29:54

Speed: 16.01 km/h

Rank in course/Total: 97 (of 101)

Rank in course/Men: 93 (of 96)

Best time in course: 1:27:59

Rank in category: 7(of 8)

Best time in the category: 1:42:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	57:58	16.56	7	17:36	93	23:20	16.30	57:58	16.56	7	17:36	27	12:49
Lap 2	20.40	1:16:41	15.65	7	23:42	93	32:08	36.70	2:14:39	16.04	7	41:12	27	29:25
Last lap Finish	4.10	15:15	15.74	7	5:43	92	6:50	40.80	2:29:54	16.01	8	46:55	95	1:51:18