



5. Lönskrug Warm-Up MTB-Marathon
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Ilsemann, Marc

Club: Focus Bad Salzdettfurth racing
Number: 636

Course: 61.20 km
Langdistanz Lizenz

Category:
Senioren I Lizenz

Total time: 2:33:17

Speed: 23.96 km/h

Rank in course/Total: 7 (of 12)

Rank in course/Men: 7 (of 12)

Best time in course: 2:12:39

Rank in category: 3(of 4)

Best time in the category: 2:24:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	36:50	26.55	2	0:07	6	2:15	16.30	36:50	26.55	3		7	2:04
Lap 2	20.40	50:20	24.32	3	2:17	7	5:55	36.70	1:27:10	25.26	3	2:07	7	7:59
Lap 3	20.40	54:51	22.32	3	5:22	7	9:55	57.10	2:22:01	24.12	3	7:29	7	17:54
Last lap Finish	4.10	11:16	21.83	4	1:36	9	2:44	61.20	2:33:17	23.96	3	9:05	7	20:38