



5. Lönskrug Warm-Up MTB-Marathon
 Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Dupont, Jörg

Club: Quickborn
 Number: 618

Course: 61.20 km
 Langdistanz Hobby

Category:
 Senioren I Hobby

Total time: 2:37:21

Speed: 23.26 km/h

Rank in course/Total: 7 (of 25)

Rank in course/Men: 7 (of 23)

Best time in course: 2:13:01

Rank in category: 5(of 14)

Best time in the category: 2:13:01

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 16.30 | 40:56 | 23.45 | 6 | 5:41 | 9 | 5:41 | 16.30 | 40:56 | 23.45 | 5 | 5:41 | 18 | |
| Lap 2 | 20.40 | 52:25 | 22.89 | 5 | 8:20 | 8 | 8:20 | 36.70 | 1:33:21 | 23.14 | 5 | 14:01 | 18 | |
| Lap 3 | 20.40 | 53:32 | 22.42 | 5 | 8:53 | 7 | 8:53 | 57.10 | 2:26:53 | 23.28 | 5 | 22:54 | 17 | |
| Last lap Finish | 4.10 | 10:28 | 22.93 | 5 | 1:26 | 8 | 1:26 | 61.20 | 2:37:21 | 23.26 | 5 | 24:20 | 7 | 24:20 |