



5. Lönskrug Warm-Up MTB-Marathon  
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Siepmann, Stefan

Club: Bike-Sport-Lippe e. V.  
Number: 632

Course: 61.20 km  
Langdistanz Hobby

Category:  
Masters männlich Hobby

Total time: 2:59:00

Speed: 20.45 km/h

Rank in course/Total: 17 (of 25)

Rank in course/Men: 16 (of 23)

Best time in course: 2:13:01

Rank in category: 3(of 3)

Best time in the category: 2:21:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	47:00	20.43	3	10:47	20	11:45	16.30	47:00	20.43	3	10:47	8	5:31
Lap 2	20.40	1:00:27	19.85	3	12:51	20	16:22	36.70	1:47:27	20.10	3	23:38	8	11:13
Lap 3	20.40	59:04	20.32	3	10:59	14	14:25	57.10	2:46:31	20.54	3	34:37	8	13:46
Last lap Finish	4.10	12:29	19.23	3	2:57	19	3:27	61.20	2:59:00	20.45	3	37:34	17	45:59