



5. Lönskrug Warm-Up MTB-Marathon
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Wind, Heiko

Total time: 3:01:55

Speed: 20.19 km/h

Number: 225

Course: 61.20 km
Langdistanz Hobby

Rank in course/Total: 19 (of 25)

Rank in course/Men: 18 (of 23)

Best time in course: 2:13:01

Category:

Rank in category: 10(of 14)

Senioren I Hobby

Best time in the category: 2:13:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	47:35	20.55	12	12:20	21	12:20	16.30	47:35	20.55	11	12:20	6	6:06
Lap 2	20.40	1:00:20	20.29	12	16:15	19	16:15	36.70	1:47:55	20.40	11	28:35	6	11:41
Lap 3	20.40	1:02:20	19.64	10	17:41	17	17:41	57.10	2:50:15	20.12	10	46:16	6	17:30
Last lap Finish	4.10	11:40	21.09	8	2:38	13	2:38	61.20	3:01:55	20.19	11	48:54	19	48:54