



5. Lönskrug Warm-Up MTB-Marathon  
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Puls, Arndt

Club: Bike-Sport-Lippe e. V.  
Number: 670

Course: 40.80 km  
Mitteldistanz Hobby

Category:  
Junioren U 19 Hobby

Total time: 1:33:46

Speed: 25.60 km/h

Rank in course/Total: 3 (of 101)

Rank in course/Men: 3 (of 96)

Best time in course: 1:27:59

Rank in category: 2(of 6)

Best time in the category: 1:27:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking								
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men		
Lap 1	16.30	36:54	26.02	2	2:16	3	2:16	16.30	36:54	26.02	2	2:16	70			
Lap 2	20.40	47:51	25.08	2	3:18	3	3:18	36.70	1:24:45	25.49	2	5:34	70			
Last lap Finish	4.10	9:01	26.62	2	0:13	4	0:36	40.80	1:33:46	25.60	2	5:47	4	55:10		