



5. Lönskrug Warm-Up MTB-Marathon
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Messerschmidt, Lars

Club: DDMC Solling e.V.
Number: 1

Course: 40.80 km
Mitteldistanz Hobby

Category:
Masters männlich Hobby

Total time: 1:36:31

Speed: 24.87 km/h

Rank in course/Total: 5 (of 101)

Rank in course/Men: 5 (of 96)

Best time in course: 1:27:59

Rank in category: 2(of 32)

Best time in the category: 1:34:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	38:05	25.21	2	1:05	5	3:27	16.30	38:05	25.21	31			68	
Lap 2	20.40	49:05	24.45	2	0:26	5	4:32	36.70	1:27:10	24.78	31			68	
Last lap Finish	4.10	9:21	25.67	4	0:32	12	0:56	40.80	1:36:31	24.87	3	57:55		6	57:55