



5. Lönskrug Warm-Up MTB-Marathon  
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Heine, Sören

Club: MTB Racing Lamspringe  
Number: 669

Course: 40.80 km  
Mitteldistanz Hobby

Category:  
Herren Hobby

Total time: 1:38:51

Speed: 24.28 km/h

Rank in course/Total: 9 (of 101)

Rank in course/Men: 9 (of 96)

Best time in course: 1:27:59

Rank in category: 3(of 14)

Best time in the category: 1:30:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	38:43	24.80	2	2:28	9	4:05	16.30	38:43	24.80	3	2:28	64		
Lap 2	20.40	50:56	23.56	4	5:14	10	6:23	36.70	1:29:39	24.09	3	7:42	64		
Last lap Finish	4.10	9:12	26.09	3	0:47	8	0:47	40.80	1:38:51	24.28	3	8:29	10	1:00:15	