



5. Lönskrug Warm-Up MTB-Marathon  
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Koch, Dirk

Club: Team-Weserbikeland.com  
Number: 28

Course: 40.80 km  
Mitteldistanz Hobby

Category:  
Masters männlich Hobby

Total time: 1:40:03

Speed: 24.47 km/h

Rank in course/Total: 12 (of 101)

Rank in course/Men: 12 (of 96)

Best time in course: 1:27:59

Rank in category: 4(of 32)

Best time in the category: 1:34:42

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |               |             |                |            |               |  |
|-----------------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|--|
|                 |             |               |               |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |  |
| Lap 1           | 16.30       | 38:28         | 25.42         | 4           | 1:28           | 8           | 3:50          | 16.30         | 38:28         | 25.42         | 29          |                |            | 61            |  |
| Lap 2           | 20.40       | 51:44         | 23.66         | 5           | 3:05           | 16          | 7:11          | 36.70         | 1:30:12       | 24.41         | 29          |                |            | 61            |  |
| Last lap Finish | 4.10        | 9:51          | 24.97         | 6           | 1:02           | 23          | 1:26          | 40.80         | 1:40:03       | 24.47         | 5           | 1:01:27        | 13         | 1:01:27       |  |