



5. Lönskrug Warm-Up MTB-Marathon
 Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Koch, Dirk

Club: Team-Weserbikeland.com
 Number: 28

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Masters männlich Hobby

Total time: 1:40:03

Speed: 23.99 km/h

Rank in course/Total: 12 (of 101)

Rank in course/Men: 12 (of 96)

Best time in course: 1:27:59

Rank in category: 4(of 32)

Best time in the category: 1:34:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	38:28	24.96	4	1:28	8	3:50	16.30	38:28	24.96	29				61
Lap 2	20.40	51:44	23.20	5	3:05	16	7:11	36.70	1:30:12	23.95	29				61
Last lap Finish	4.10	9:51	24.37	6	1:02	23	1:26	40.80	1:40:03	23.99	5	1:01:27	13	1:01:27	