



5. Lönskrug Warm-Up MTB-Marathon
 Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Böhnke, Alexander

Club: Bad Salzuflen
 Number: 664

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Herren Hobby

Total time: 1:46:20

Speed: 23.02 km/h

Rank in course/Total: 29 (of 101)

Rank in course/Men: 29 (of 96)

Best time in course: 1:27:59

Rank in category: 8(of 14)

Best time in the category: 1:30:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	40:41	24.04	7	4:26	20	6:03	16.30	40:41	24.04	8	4:26	91		
Lap 2	20.40	54:38	22.40	8	8:56	32	10:05	36.70	1:35:19	23.10	8	13:22	91		
Last lap Finish	4.10	11:01	22.33	12	2:36	54	2:36	40.80	1:46:20	23.02	8	15:58	30	1:07:44	