



5. Lönskrug Warm-Up MTB-Marathon  
 Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

**Bönnighausen, Matthias**

Club: Fichtenflitzer  
 Number: 17

Course: 40.80 km  
 Mitteldistanz Hobby

Category:  
 Senioren I Hobby

Total time: 1:49:01

Speed: 22.01 km/h

Rank in course/Total: 39 (of 101)

Rank in course/Men: 39 (of 96)

Best time in course: 1:27:59

Rank in category: 9(of 36)

Best time in the category: 1:39:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	42:07	22.79	8	1:41	36	7:29	16.30	42:07	22.79	27			81	
Lap 2	20.40	56:27	21.26	10	7:14	39	11:54	36.70	1:38:34	21.91	27			81	
Last lap Finish	4.10	10:27	22.97	12	1:08	44	2:02	40.80	1:49:01	22.01	9	9:39		40	1:10:25