



5. Lönskrug Warm-Up MTB-Marathon
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Pankoke, Guido

Club: Lemgo
Number: 36

Course: 40.80 km
Mitteldistanz Hobby

Category:
Masters männlich Hobby

Total time: 1:49:13

Speed: 22.41 km/h

Rank in course/Total: 41 (of 101)

Rank in course/Men: 41 (of 96)

Best time in course: 1:27:59

Rank in category: 14(of 32)

Best time in the category: 1:34:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	43:27	22.51	16	6:27	45	8:49	16.30	43:27	22.51	19	1:00	79		
Lap 2	20.40	55:33	22.03	11	6:54	36	11:00	36.70	1:39:00	22.24	19		79		
Last lap Finish	4.10	10:13	24.08	13	1:24	35	1:48	40.80	1:49:13	22.41	15	1:10:37	42	1:10:37	