



5. Lönskrug Warm-Up MTB-Marathon
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Lopens, Sebastian

Club: Alsterbiker
Number: 672

Course: 40.80 km
Mitteldistanz Hobby

Category:
Masters männlich Hobby

Total time: 1:56:09

Speed: 20.66 km/h

Rank in course/Total: 53 (of 101)

Rank in course/Men: 53 (of 96)

Best time in course: 1:27:59

Rank in category: 17(of 32)

Best time in the category: 1:34:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	44:15	21.69	18	7:15	52	9:37	16.30	44:15	21.69	16	1:48	20		
Lap 2	20.40	1:00:46	19.75	21	12:07	64	16:13	36.70	1:45:01	20.57	16	4:00	20		
Last lap Finish	4.10	11:08	21.56	19	2:19	57	2:43	40.80	1:56:09	20.66	18	1:17:33	54	1:17:33	