



5. Lönskrug Warm-Up MTB-Marathon
Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Gringel, Raphael

Club: Holzminden
Number: 52

Course: 40.80 km
Mitteldistanz Hobby

Category:
Herren Hobby

Total time: 1:56:57

Speed: 20.93 km/h

Rank in course/Total: 56 (of 101)

Rank in course/Men: 56 (of 96)

Best time in course: 1:27:59

Rank in category: 12(of 14)

Best time in the category: 1:30:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	16.30	48:17	20.26	14	12:02	70	13:39	16.30	48:17	20.26	12	12:02	17	3:08
Lap 2	20.40	59:06	20.71	12	13:24	53	14:33	36.70	1:47:23	20.51	12	25:26	17	2:09
Last lap Finish	4.10	9:34	25.71	6	1:09	16	1:09	40.80	1:56:57	20.93	12	26:35	57	1:18:21