



5. Lönskrug Warm-Up MTB-Marathon
 Hellental (Gemeinde Heinade) / 17.04.2011

Detailed evaluation

Rengshausen, Jens

Club: RSC Hildesheim
 Number: 677

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Masters männlich Hobby

Total time: 1:57:30

Speed: 20.83 km/h

Rank in course/Total: 61 (of 101)

Rank in course/Men: 61 (of 96)

Best time in course: 1:27:59

Rank in category: 20(of 32)

Best time in the category: 1:34:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	44:48	21.83	19	7:48	53	10:10	16.30	44:48	21.83	13	2:21	12		
Lap 2	20.40	1:01:37	19.86	22	12:58	65	17:04	36.70	1:46:25	20.69	13	5:24	12	1:11	
Last lap Finish	4.10	11:05	22.20	18	2:16	56	2:40	40.80	1:57:30	20.83	21	1:18:54	62	1:18:54	