



3. Bad Harzburger MTB-Marathon

Bad Harzburg / 17.04.2011

Detailed evaluation

al Saqaqy, Osman

Club: Braunschweig

Number: 3082

Course: 51.00 km

Hauptrennen Harzer MTB-Cup - 3 Runden

Category:

Senioren unter 50 Jahre

Total time: 4:03:58

Speed: 12.54 km/h

Rank in course/Total: 210 (of 238)

Rank in course/Men: 203 (of 229)

Best time in course: 2:14:17

Rank in category: 70(of 96)

Best time in the category: 2:22:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	km/h	Pos	Behind	Pos					Behind
Lap 1	11.60	52:37	13.23	80	18:29	195	19:19	11.60	52:37	13.23	27	11:59	217	1:00				
Lap 2	17.00	1:09:29	14.68	73	21:48	180	25:20	28.60	2:02:06	14.05	26	13:42	211	44:01				
Lap 3	17.00	1:40:07	10.19	85	50:56	206	54:51	45.60	3:42:13	12.31	25	38:34	203	1:38:52				
Last lap Finish	5.40	21:45	14.90	87	10:55	209	11:33	51.00	4:03:58	12.54	95	2:56:10	218	3:08:45				