



3. Bad Harzburger MTB-Marathon

Bad Harzburg / 17.04.2011

Detailed evaluation

Nikolaus, Frank

Club: Darlingerode

Number: 3147

Course: 51.00 km

Hauptrennen Harzer MTB-Cup - 3 Runden

Category:

Senioren unter 50 Jahre

Total time: 4:51:42

Speed: 10.49 km/h

Rank in course/Total: 218 (of 238)

Rank in course/Men: 210 (of 229)

Best time in course: 2:14:17

Rank in category: 71(of 96)

Best time in the category: 2:22:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	km/h	Pos	Behind	Pos					Behind
Lap 1	11.60	1:05:24	10.09	93	31:16	221	32:06	11.60	1:05:24	10.09	26	24:46	224	13:47				
Lap 2	17.00	1:34:10	10.83	89	46:29	216	50:01	28.60	2:39:34	10.53	25	51:10	218	1:21:29				
Lap 3	17.00	1:44:50	9.73	86	55:39	208	59:34	45.60	4:24:24	10.21	24	1:20:45	210	2:21:03				
Last lap Finish	5.40	27:18	10.99	90	16:28	217	17:06	51.00	4:51:42	10.49	96	3:43:54	225	3:56:29				