



21. Arnstädter Citylauf

Arnstadt / 30.04.2011

Detailed evaluation

Will, Marcel

Club: WSSV
Number: 390

Course: 10.00 km
Köstritzer Lauf

Category:
männliche Jugend A

Total time: 42:54

Speed: 13.99 km/h
Running performance: 4:17 min/km

Rank in course/Total: 50 (of 153)

Rank in course/Men: 49 (of 129)

Best time in course: 31:30

Rank in category: 1(of 2)

Best time in the category: 42:54

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.29	4:33	3:31	1	-	28	3:26	1.29	4:33	3:31	2	-	1	-
Lap 2	2,075.00	6:00	0:00	1	-	5	3:11	2,076.29	10:33	0:00	2	-	1	-
Lap 3	2,075.00	10:00	0:00	1	-	92	7:00	4,151.29	20:33	0:00	2	-	127	3:00
Lap 4	2,075.00	12:00	0:00	2	0:53	117	11:32	6,226.29	32:33	0:00	2	-	127	8:00
Lap 5	2,075.00	4:00	0:00	1	-	1	-	8,301.29	36:33	0:00	2	-	1	-
Last lap Finish	411.00	6:21	0:00	2	4:00	119	5:02	10.00	42:54	4:17	1	-	49	11:24