



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Stramka, Jan

Club: SV 1899 Mühlhausen
Number: 8

Course: 3.00 km
McDonald`s Schüler-Lauf

Category:
männlich, AK 11

Total time: 11:42

Speed: 15.38 km/h
Running performance: 3:54 min/km

Rank in course/Total: 1 (of 33)

Rank in course/Men: 1 (of 15)

Best time in course: 11:42

Rank in category: 1(of 3)

Best time in the category: 11:42