



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Bernhardt, Dominik

Club: SV EK Veilsdorf

Number: 9

Course: 3.00 km

McDonald`s Schüler-Lauf

Category:

männlich, AK 12

Total time: 12:12

Speed: 14.75 km/h

Running performance: 4:04 min/km

Rank in course/Total: 5 (of 33)

Rank in course/Men: 3 (of 15)

Best time in course: 11:42

Rank in category: 1(of 8)

Best time in the category: 12:12