



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Chemnitz, Benjamin

Club: Jesuborn

Number: 23

Course: 3.00 km

McDonald`s Schüler-Lauf

Category:

männlich, AK 12

Total time: 13:26

Speed: 13.40 km/h

Running performance: 4:29 min/km

Rank in course/Total: 12 (of 33)

Rank in course/Men: 6 (of 15)

Best time in course: 11:42

Rank in category: 3(of 8)

Best time in the category: 12:12