



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Dannenberg, Selina

Club: SV Edelweiß Crock
Number: 14

Course: 3.00 km
McDonald`s Schüler-Lauf

Category:
weiblich, AK 10

Total time: 13:48

Speed: 13.04 km/h
Running performance: 4:36 min/km

Rank in course/Total: 14 (of 33)
Rank in course/Women: 7 (of 18)
Best time in course: 12:01

Rank in category: 1(of 4)
Best time in the category: 13:48