



21. Arnstädter Citylauf  
Arnstadt / 30.04.2011

Detailed evaluation

Eck, Lucas Hagen

Club: SG Motor Arnstadt  
Number: 10

Course: 3.00 km  
McDonald`s Schüler-Lauf

Category:  
männlich, AK 12

Total time: 14:01

Speed: 12.84 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 16 (of 33)

Rank in course/Men: 8 (of 15)

Best time in course: 11:42

Rank in category: 4(of 8)

Best time in the category: 12:12