



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Knabe, Julia

Club: ThSV 1886 Geschwenda
Number: 29

Course: 3.00 km
McDonald`s Schüler-Lauf

Category:
weiblich, AK 11

Total time: 14:17

Speed: 12.60 km/h
Running performance: 4:46 min/km

Rank in course/Total: 18 (of 33)
Rank in course/Women: 9 (of 18)
Best time in course: 12:01

Rank in category: 3(of 6)
Best time in the category: 13:09