



21. Arnstädter Citylauf  
Arnstadt / 30.04.2011

Detailed evaluation

Krannich, Michelle

Club: ThSV 1886 Geschwenda  
Number: 30

Course: 3.00 km  
McDonald`s Schüler-Lauf

Category:  
weiblich, AK 13

Total time: 14:22

Speed: 12.53 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 20 (of 33)

Rank in course/Women: 11 (of 18)

Best time in course: 12:01

Rank in category: 5(of 7)

Best time in the category: 12:01