



21. Arnstädter Citylauf  
Arnstadt / 30.04.2011

Detailed evaluation

**Schiwek, Sascha**

Club: SV EK Veilsdorf  
Number: 35

Course: 3.00 km  
McDonald`s Schüler-Lauf

Category:  
männlich, AK 12

Total time: 15:49

Speed: 11.38 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 26 (of 33)

Rank in course/Men: 14 (of 15)

Best time in course: 11:42

Rank in category: 7(of 8)

Best time in the category: 12:12