



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Pfister, Sabrina

Club: Rennsteiglaufverein Langewiesen
Number: 27

Course: 3.00 km
McDonald`s Schüler-Lauf

Category:
weiblich, AK 11

Total time: 15:57

Speed: 11.29 km/h
Running performance: 5:19 min/km

Rank in course/Total: 28 (of 33)
Rank in course/Women: 14 (of 18)
Best time in course: 12:01

Rank in category: 5(of 6)
Best time in the category: 13:09