



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Hein, Lea

Club: Katholische Laufjugend Arnstadt
Number: 18

Course: 3.00 km
McDonald`s Schüler-Lauf

Category:
weiblich, AK 13

Total time: 16:51

Speed: 10.68 km/h
Running performance: 5:37 min/km

Rank in course/Total: 31 (of 33)
Rank in course/Women: 16 (of 18)
Best time in course: 12:01

Rank in category: 7(of 7)
Best time in the category: 12:01