



21. Arnstädter Citylauf  
Arnstadt / 30.04.2011

Detailed evaluation

Junghannß, Karl

Club: Erfurter LAC  
Number: 110

Course: 5.00 km  
McDonald`s Lauf

Category:  
männlich, AK 15

Total time: 17:50

Speed: 16.82 km/h  
Running performance: 3:34 min/km

Rank in course/Total: 1 (of 49)

Rank in course/Men: 1 (of 30)

Best time in course: 17:50

Rank in category: 1(of 5)

Best time in the category: 17:50