



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Schmidt, Jonathan

Club: Erfurter LAC e.V.
Number: 107

Course: 5.00 km
McDonald`s Lauf

Category:
Männer M20

Total time: 19:18

Speed: 15.54 km/h
Running performance: 3:52 min/km

Rank in course/Total: 7 (of 49)

Rank in course/Men: 7 (of 30)

Best time in course: 17:50

Rank in category: 2(of 6)

Best time in the category: 17:55