



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Heinze, Juliane

Club: AC Apolda
Number: 66

Course: 5.00 km
McDonald`s Lauf

Category:
Frauen W20

Total time: 19:53

Speed: 15.09 km/h
Running performance: 3:59 min/km

Rank in course/Total: 10 (of 49)
Rank in course/Women: 1 (of 19)
Best time in course: 19:53

Rank in category: 1(of 8)
Best time in the category: 19:53