



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Becher, Markus

Club: Friedrichroda
Number: 115

Course: 5.00 km
McDonald`s Lauf

Category:
Männer M20

Total time: 22:01

Speed: 13.63 km/h
Running performance: 4:24 min/km

Rank in course/Total: 21 (of 49)

Rank in course/Men: 18 (of 30)

Best time in course: 17:50

Rank in category: 4(of 6)

Best time in the category: 17:55