



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Raabe, Andreas

Club: ThSV 1886 Geschwenda
Number: 67

Course: 5.00 km
McDonald`s Lauf

Category:
Männer M50

Total time: 23:36

Speed: 12.71 km/h
Running performance: 4:43 min/km

Rank in course/Total: 25 (of 49)

Rank in course/Men: 20 (of 30)

Best time in course: 17:50

Rank in category: 1(of 1)

Best time in the category: 23:36