



21. Arnstädter Citylauf  
Arnstadt / 30.04.2011

Detailed evaluation

Tietze, Pascal

Club: SG Motor Arnstadt  
Number: 64

Course: 5.00 km  
McDonald`s Lauf

Category:  
männliche Jugend B

Total time: 24:11

Speed: 12.41 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 26 (of 49)

Rank in course/Men: 21 (of 30)

Best time in course: 17:50

Rank in category: 3(of 3)

Best time in the category: 18:54