



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Bertram, Christin

Club: ThSV 1886 Geschwenda
Number: 97

Course: 5.00 km
McDonald`s Lauf

Category:
Frauen W20

Total time: 24:12

Speed: 12.40 km/h
Running performance: 4:50 min/km

Rank in course/Total: 27 (of 49)

Rank in course/Women: 6 (of 19)

Best time in course: 19:53

Rank in category: 2(of 8)

Best time in the category: 19:53