



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Baus, Nina

Club: Arnstadt
Number: 108

Course: 5.00 km
McDonald`s Lauf

Category:
Frauen W20

Total time: 27:44

Speed: 10.82 km/h
Running performance: 5:33 min/km

Rank in course/Total: 33 (of 49)

Rank in course/Women: 9 (of 19)

Best time in course: 19:53

Rank in category: 5(of 8)

Best time in the category: 19:53