



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Eichhorn, Claudia

Club: Arnstadt
Number: 104

Course: 5.00 km
McDonald`s Lauf

Category:
Frauen W40

Total time: 29:57

Speed: 10.02 km/h
Running performance: 5:59 min/km

Rank in course/Total: 38 (of 49)
Rank in course/Women: 13 (of 19)
Best time in course: 19:53

Rank in category: 2(of 2)
Best time in the category: 28:16