



21. Arnstädter Citylauf

Arnstadt / 30.04.2011

Detailed evaluation

Erbe, Franziska

Club: FUNtastik Arnstadt

Number: 112

Course: 5.00 km

McDonald`s Lauf

Category:

Frauen W20

Total time: 31:54

Speed: 9.40 km/h

Running performance: 6:23 min/km

Rank in course/Total: 44 (of 49)

Rank in course/Women: 16 (of 19)

Best time in course: 19:53

Rank in category: 7(of 8)

Best time in the category: 19:53