



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Scherf, Enrico

Club: Katholische Laufjugend Arnstadt
Number: 85

Course: 5.00 km
McDonald`s Lauf

Category:
Männer M35

Total time: 32:01

Speed: 9.37 km/h
Running performance: 6:24 min/km

Rank in course/Total: 45 (of 49)

Rank in course/Men: 29 (of 30)

Best time in course: 17:50

Rank in category: 2(of 2)

Best time in the category: 19:21