



21. Arnstädter Citylauf
Arnstadt / 30.04.2011

Detailed evaluation

Schneider, Nicole

Club: Katholische Laufjugend Arnstadt
Number: 100

Course: 5.00 km
McDonald`s Lauf

Category:
Frauen W20

Total time: 34:26

Speed: 8.71 km/h
Running performance: 6:53 min/km

Rank in course/Total: 49 (of 49)
Rank in course/Women: 19 (of 19)
Best time in course: 19:53

Rank in category: 8(of 8)
Best time in the category: 19:53