



21. Arnstädter Citylauf

Arnstadt / 30.04.2011

Detailed evaluation

Burkhardt, Torsten

Club: TSV Germania 1887 Neustadt e.V.
Number: 305

Course: 10.00 km
Köstritzer Lauf

Category:
Männer M20

Total time: 44:51

Speed: 13.38 km/h
Running performance: 4:29 min/km

Rank in course/Total: 63 (of 153)

Rank in course/Men: 62 (of 129)

Best time in course: 31:30

Rank in category: 24(of 32)

Best time in the category: 31:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	1.29	5:21	4:08	21	1:28	60	4:14	1.29	5:21	4:08	10	1:14	3	0:48
Lap 2	2,075.00	8:53	0:00	21	3:04	57	6:04	2,076.29	14:14	0:00	17	4:18	3	3:41
Lap 3	2,075.00	8:55	0:00	18	4:34	48	5:55	4,151.29	23:09	0:00	10	8:52	3	5:36
Lap 4	2,075.00	9:38	0:00	23	9:10	64	9:10	6,226.29	32:47	0:00	17	18:02	3	8:14
Lap 5	2,075.00	9:59	0:00	25	3:29	79	5:59	8,301.29	42:46	0:00	17	18:01	3	6:13
Last lap Finish	411.00	2:05	0:00	29	0:46	87	0:46	10.00	44:51	4:29	24	13:21	62	13:21