



21. Arnstädter Citylauf

Arnstadt / 30.04.2011

Detailed evaluation

Petermann, Philipp

Club: LSV Lok Arnstadt

Number: 366

Course: 10.00 km

Köstritzer Lauf

Category:

Männer M20

Total time: 43:39

Speed: 13.75 km/h

Running performance: 4:22 min/km

Rank in course/Total: 58 (of 153)

Rank in course/Men: 57 (of 129)

Best time in course: 31:30

Rank in category: 22(of 32)

Best time in the category: 31:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	1.29	5:23	4:10	24	1:30	66	4:16	1.29	5:23	4:10	12	1:16	73	0:50
Lap 2	2,075.00	8:54	0:00	23	3:05	61	6:05	2,076.29	14:17	0:00	12	4:21	25	3:44
Lap 3	2,075.00	9:05	0:00	23	4:44	59	6:05	4,151.29	23:22	0:00	12	9:05	73	5:49
Lap 4	2,075.00	9:16	0:00	22	8:48	55	8:48	6,226.29	32:38	0:00	12	17:53	73	8:05
Lap 5	2,075.00	9:13	0:00	18	2:43	51	5:13	8,301.29	41:51	0:00	12	17:06	71	5:18
Last lap Finish	411.00	1:48	0:00	24	0:29	53	0:29	10.00	43:39	4:21	22	12:09	57	12:09