



# 21. Arnstädter Citylauf

Arnstadt / 30.04.2011

## Detailed evaluation

**Stöcklein, Sven**

Club: Bundeswehr

Number: 379

Course: 10.00 km

Köstritzer Lauf

Category:

Männer M35

Total time: 44:56

Speed: 13.35 km/h

Running performance: 4:29 min/km

Rank in course/Total: 64 (of 153)

Rank in course/Men: 63 (of 129)

Best time in course: 31:30

Rank in category: 7(of 9)

Best time in the category: 35:48

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.29	5:12	4:01	6	1:34	48	4:05	1.29	5:12	4:01	7	1:34	24	0:39
Lap 2	2,075.00	9:20	0:00	7	1:56	74	6:31	2,076.29	14:32	0:00	7	2:01	82	3:59
Lap 3	2,075.00	9:41	0:00	7	2:11	77	6:41	4,151.29	24:13	0:00	7	3:38	82	6:40
Lap 4	2,075.00	9:38	0:00	6	2:09	64	9:10	6,226.29	33:51	0:00	7	5:08	29	9:18
Lap 5	2,075.00	9:24	0:00	7	1:54	58	5:24	8,301.29	43:15	0:00	7	6:26	80	6:42
Last lap Finish	411.00	1:41	0:00	5	0:09	29	0:22	10.00	44:56	4:29	7	9:08	63	13:26